

Lunenburg World Heritage Site 5 Kilometer Road Race

Start Location:

Lunenburg War Memorial Community Centre
Green Street, Lunenburg, Nova Scotia
9:30 a.m., Sunday, June 10, 2007

Race Entry Fee:

- Prior to 6:30 p.m. - Friday, June 8, 2007
- Delivered to Running Room or Aerobics First by 12 noon June 8, 2007
- Run Nova Scotia Members \$15.00
- Lunenburg County Residents \$15.00
- Others \$17.00
- Race Day Registration \$22.00 (until 9:15 a.m.)
- Cheques payable to "Bluenose Striders Running Club"
- Souvenir to first 300 pre-registered paid entries.
- Entry fee is non-refundable

Computer Chip Timing:

We will use computer chip timing again this year. You will have the race results quickly and will not have to line up after the race. A computer chip will be securely Velcro strapped to your leg. You will be timed from a "gun" start, to when you cross the finish line with your chip. Return this chip at the finish line or you may be charged \$40.00!

Special Draw Prizes:

Over 70 draw prizes donated by local merchants. We have also had the support of local Bed and Breakfasts who donate an overnight stay for two, Greybeards B&B have done this the past eight years. Many thanks to them and all the other B&B's for their support.

Awards and Reception:

Begins in Lunenburg Community Center, 10 minutes after the final runner finishes the race.

Inquiries:

Bill & Laura Roblee 634-8043 (h) or Terry Morris 857-9085 (h)

Register:

Deliver registration form to:
The Running Room, Spring Garden Road, Halifax NS
Or Aerobics First, Quinpool Rd. Halifax NS
Enter on line at:
<http://www.atlanticchip.ca/events/>
or mail registration form to:
Bill Roblee, Box 1028, Lunenburg NS B0J 2C0
902-634-8043 (h)
billandlaura_roblee@yahoo.com
Web site: <http://striders.getalive.com/>

Many Thanks to the Run Nova Scotia and the Race Series Sponsors:



Lunenburg World Heritage Site 5K Road Race
Sunday, June 10, 2007
ENTRY FORM
Please Print Clearly

Name: _____
Gender (Male/Female): _____
Street: _____
Town: _____ Prov: _____ Postal Code: _____

E-mail Address _____

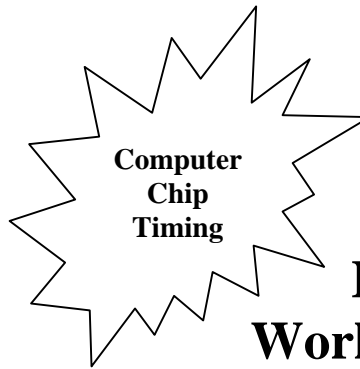
Run Nova Scotia # if available: _____
Lunenburg County Resident: Yes/No
Phone #: _____

Birth Date: Month: _____ Day: _____ Year: _____
Age on Race Day: _____

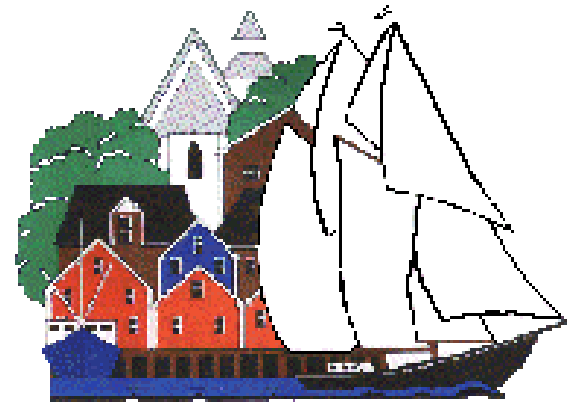
I, for myself, my executors, administrators and assignees do hereby release and discharge the Bluenose Striders Running Club, all sponsors and race officials for all damages, demands, actions, and anything in any manner arising from my participation in the Lunenburg World Heritage Site 5K Road Race.

Date: _____

Signature: _____
If age 18 or under - signature of parent / guardian:



9th Annual
Lunenburg
World Heritage Site
5K Road Race
And Muffin Festival



Sunday, June 10, 2007

9:30 a.m.

Open to All Runners!

Go Active RNS Running Series Event #4

Timex Event #2



Sponsored by M&B Transmission, Halifax